



Mental Health & Wellness

Leadership Network
Session Two:
December 4, 2018



Agenda

- Introductions/Goals/Planning
- Sharing Across Districts
- Brain Development & Responses
- Grade Level Bands Collaboration

Our Team



Kristen Purcell

Assistant Coordinator of Innovative Teaching & Learning



Janel Payette

Coordinator of Regional Special Education Technical Assistance
Support Center

Planning Committee

Jeanne Elmer

Dr. Teresa Hargrave

Lisa Murray

Cheryl West

Lisa Craig

Dana Pierce

Sharon Bruner

Jackie Burrows-Beck

Pamela Treat-Ulrich

Jess Whisher-Hehl

Goals and Purpose

Why

Opportunity to build a network of leaders to address mental health education given the recent NYS amendment and the timeliness of this topic

What

Develop a common understanding of what mental health education is and support districts in K-12 implementation for all our students

How

Build capacity through dialogue; develop a deeper understanding of the science of mental health and brain responses; share resources

Planning Ahead



Since We Last Met...

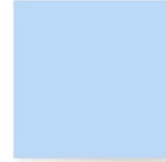
Big Takeaways from October Session:

1. Mental Health education involves everyone
2. Mental Health is a topic we need to talk about more
3. Importance of self-care
4. Behavior means something
5. NYSED comprehensive guide including framework



Collective Share Out

1. Reflect and share what you have done in your districts/schools since September
2. Record and place ideas on corresponding charts *(write on chart or post-it note)*



Gallery Walk

1. Read through the group's recordings (feel free to take photos)
2. Take note of any:
 - a. Ideas you would like to bring back to your district/school*
 - b. Things you need more clarification on/questions about*
3. Quick group share out/questions



Today's Presenter



Jackie Burrows-Beck

Behavior Specialist in the Regional Special Education Technical Assistance Support Center



Group Resources

Shared Google Docs:

[Collaborative List of Resources, Ideas & Activities](#)
[Collaborative Notes](#)

References:

[OCM BOCES MH&W webpage](#)
[Mental Health Education Literacy in Schools](#)
[ACEs Video](#)

NYSED Updates

Coming Soon:

Social Emotional Learning: A Guide to Systemic Whole School Implementation, providing strategies and resources for districts and schools

District-developed resources aligning SEL competencies, academic standards, classroom activities, and general teaching practices

Mental Health & Wellness PD

Offering	Date & Time
Suicide Safety for Teachers	March 14, 2019 8:30-11:30
Crisis Intervention Team Training	December 4, 2018
Trauma Informed Schools	February 6, 2019 8:30-3:30 April 9, 2019 8:30-3:30

Other PD in Mental Health options for Dignity Act CoSer schools:

- Youth Mental Health First Aid
- Mental Health First Aid
- Postvention - Response to Suicide or Other Traumatic Death
- OCM BOCES Mental Health Consultant, Jeanne Elmer

Before You Go...



We've Gone
Social



<http://bit.ly/iss-social-media>

