Helpful Websites for Improving EF

<http://learningworksforkids.com> – Brain games

<http://www.pomindcake.com>

[www.lumosity.com](http://www.lumosity.com)

[www.pinterest.com](http://www.pinterest.com)

[www.readwritethink.org](http://www.readwritethink.org)

[www.quizlet.com](http://www.quizlet.com) – make flashcards/study vocabulary

<http://www.gamesforthebrain.com/>

<http://www.learningtolearn.biz/free_educational_games.html>

<http://www.happy-neuron.com> - Brain games

Not a free site – prices range from $14.95 month to $290.00 for a lifetime membership

Games to Help Improve EF

|  |  |  |
| --- | --- | --- |
| Age | Game | Skill |
| 4-7 | Max | Emotion control, planning, prioritizing, flexible thinking |
| 8+ | Jenga | Self-monitoring, flexible thinking, impulse control |
| 8+ | Distraction | Working memory, flexible thinking |
| 12+ | Mindtrap | Flexible thinking |
| 5+ | Animalogic | Planning/prioritizing, flexible thinking, organization |
| 10+ | Snake Oil | Task initiation, flexible thinking, organization |
| 8+ | Quiddler | Organization, flexible thinking, planning/prioritizing |
| 7+ | No Stress Chess | Planning/prioritizing, organization, task initiation, impulse control, flexible thinking |

6 Board Games to Boost Critical Thinking in Teens and Tweens

Apples to Apples Times Up

The Settlers of Catan Fact or Crap

Scattergories Moods